Champlain **LHIN**

Report:

2017 Primary Care Congress

July 2017

Ontario
Local Health Integration Network

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Introduction

On March 31, 2017, the fifth annual Champlain Primary Care Congress (Congress) was held in Ottawa. This is an annual continuing professional development event for primary care providers across the Champlain region.

Continuing Professional Development (CPD) is not new for primary care providers, but the Congress's professional development differed in its emphasis on systems-thinking, integration, and interacting with community resources. Specifically, this event seeks to engage primary care providers in interactive learning, with a focus on the integrated approach needed to manage patients and improve overall population health in a complex health system.

This year's theme focused on integrated primary and community care in sub-region geographies within the Champlain region with an emphasis on supporting patients who need care for mental health and addictions challenges.

The event was organized and supported by:

- *Champlain Local Health Integration Network (LHIN)*
- *Former Champlain Community Care Access Centre (CCAC), and*
- *University of Ottawa, Faculty of Medicine CPD Office.*

Purpose

The purpose of the 2017 Congress was to provide clinicians, allied health professionals, representatives from community organizations, administrators, planners, policy makers, researchers and importantly, patients/caregivers an opportunity to learn and contribute to shaping how integrated care within a defined geography (sub-region) can support excellence in patient care and improve population health outcomes.

There were two overall learning objectives:

1) *Identify opportunities for strengthening integrated primary and community care within Champlain sub-regions.*
2) *Develop a care strategy to support patients requiring mental health and addictions care.*

Additionally, a learning session was held on Patient Engagement and Co-Design.

Program Development

The Champlain LHIN Primary Care Advisory Council[1] provided valuable guidance for the 2017 program development. The event was organized by a planning sub-committee, which was comprised of the following individuals:

- *Dr. Emmanuelle Britton, Family Physician*
- *Dr. Paul Hendry, Vice Dean University of Ottawa, Faculty of Medicine, CPD Office*
- *Renee Lebovitz Pelletier, Integration Specialist, Champlain LHIN*
- *Dr. Jacques Lemelin, Primary Care Physician Lead, Champlain LHIN*
- *Ann Miller, Nurse Practitioner Lead, Diabetes & Vascular Health Lead, Champlain LHIN*
- *Bob Parson, Curriculum Design and Learning Specialist, University of Ottawa, CPD Office*
- *Karen Patzer, Senior Integration Specialist, Champlain LHIN*
- *Cassandre Pretorius, Conference Planner, University of Ottawa, CPD Office*
- *Penny Sands, Senior Director Clinical Care, Former Champlain CCAC.*

Program topics were identified through:

- *Input from the Champlain LHIN Primary Care Advisory Council*
- *Proceedings from the 2016 Champlain Congress*
- *Topics of priority to primary care providers*
- *Champlain LHIN Priorities*.

The University of Ottawa, CPD Office reviewed and approved the program. The event was an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada for 6.0 hours. The Group Learning program met the certification criteria of the College of Family Physicians of Canada, and the University of Ottawa's Office of CPD certified it for up to 6.0 Mainpro+ credits.

Two engaging keynote speakers set the context for the day: LHIN Board Director, Dr. Nick Busing, who provided welcoming remarks, and Claude Lurette, Health System Advisor, who described his personal care journey and experience with mental health and addictions care.

[1] See Appendix A for membership

The Congress program provided participants with information about provincial and regional strategic priorities. It also provided local information including sub-region population-health data profiles, examples of quality improvement projects, and key initiatives of the Champlain Primary Care Mental Health Work Group.

Chantale LeClerc, Champlain LHIN CEO closed the event with a message of the importance of primary care in an integrated system and encouraging words for moving forward together for better patient care, population health and health system performance.

The variety of learning formats included keynote speakers, panel presentations, interactive dialogue, case-study discussions and community resource exhibits[2].

Event Summary

Participants Registered

Type	Number
Nurses and Other Health Professionals	44
Physicians and Nurse Practitioners	39
Exhibitors	34
Speakers	15
Facilitators	13
Client/Families / Caregivers	8
Total	**153**

Exhibitors

Twenty-eight exhibitors[3] were invited to participate in the Congress. The goal of the exhibits was to provide information about how to access mental health and addictions services. In addition, other organizations such as Health Quality Ontario, Public Health, Health Force Ontario and the LHIN were also available with supporting information. All exhibitors offered print resources (available in English and French) and service exhibitors participated in an interactive exchange with participants about the following:

- *How to access services that support care management of people requiring mental health and addictions*
- *Communication mechanisms between the mental health and addiction service and primary care providers*.

[2] Program details are included as Appendix B. Speaker presentations are available to participants through the University of Ottawa, CPD Office website.

[3] See Appendix C for a list of exhibitors

Morning Session Summary: Improving Population Health & Sub-Region Integration

Dr. Robert Bell, Deputy Minister, Ministry of Health and Long Term Care conducted the first plenary address. He outlined provincial directions for improving population health, with key messages focused on integration, accountability and quality improvement through creating "care communities" within sub-regions in each LHIN.

Cal Martell, LHIN Vice-President, Integration, Dr. Jacques Lemelin, LHIN Primary Care Physician Lead, and Dr. Paul Roumeliotis, Medical Officer of Health, Eastern Ontario Health Unit conducted a panel presentation. In it, they outlined local context for sub-regional integration from each of their perspectives.

Next, participants were organized into small groups, according to the sub-region geography within which they work. Patient representatives participated in each discussion table. Each group was provided with sub-region population-health data-profiles, and were asked to discuss three questions:

1) *In your sub-region, what are the key health issues to address?*
2) *What can primary care providers contribute to improve these issues/concerns within the sub-region?*
3) *What supports will you need to facilitate your participation in integrating care within your sub-region?*

Discussion Summary

The following table summarizes the small group discussions by Champlain sub-region.

Sub-Region	Key Health Issues Identified	Primary Care Contribution	Primary Care Supports needed
Eastern Champlain	• *Access to Primary Care* • *Lack of Psychiatry* • *Dual Diagnosis population* • *Transportation* • *Mental health and addictions including pediatric mental health* • *Chronic diseases and risk factors (obesity and smoking)* • *Chronic pain*	• *Being engaged at decision making tables* • *Work on aligning primary care and public health* • *Increase primary care awareness of available resources* • *Improve use of central and coordinated referral processes* • *Encourage use of EAP services (if patients have access to them)*	• *Need a FHT* • *Mental health and addictions services available for FHOs* • *Operational resources for coordination* • *System navigation (knowing where to refer, easy access to information)* • *Care Coordinators* • *Clients owning their information – more sharing of client information* • *Central intake*
Eastern Ottawa	• *Access to primary care* • *Mental health and access to services* • *Obesity* • *Isolation* • *Poor connectedness*	*N/A*	*N/A*
Central Ottawa	• *Mental Health and Addictions* • *Diversity of populations (vulnerable, immigrants and refugees, Indigenous, Francophone)* • *Language barriers* • *Chronic pain management (leading to addictions)* • *Isolated seniors* • *Lone parent families* • *Pockets of poverty*	• *Emphasize self-management* • *Connect with other primary care providers and primary care leads* • *Use social workers and Inter-professional care teams* • *Care mapping* • *Get the "full picture" of clients* • *Advocate for clients/system* • *Engage in sub-regional planning ("take charge" approach*	• *Compensation for clinicians to participate at tables* • *Clinical leads* • *Self-management supports for chronic-disease management* • *Access points for services* • *Care Coordinators in the primary care practices* • *Standardized screening tools* • *Receive training about sub-regions & information about services and linkages*

Sub-Region	Key Health Issues Identified	Primary Care Contribution	Primary Care Supports needed
	• *Caregiver needs*	• *Restructure psychiatry services* • *Authority of primary care to ensure access to services* • *Clinical leads know linkages and resources to overcome barriers*	
Western Ottawa	• *Access to primary care* • *Home care needs* • *Medications - affordability*	*N/A*	• *Client navigator* • *Coordinator of speciality care* • *Tools* • *Less admin time for primary care providers* • *More supports for the clinicians e.g. RNs, allied health* • *Health Link Care Coordinators*
Western Champlain	• *Mental health and addictions* • *Vulnerable populations (complexity – mental health, chronic disease and Social Determinants of Health)* • *Access to primary care and home care* • *Chronic illness and high rates of hospitalization* • *Smoking, obesity* • *Opioid presentations at emergency departments* • *Seniors*	*N/A*	• *Mental health supports* • *Data* • *Seed funding* • *Information on innovative models* • *Upstream (prevention) supports e.g. housing* • *Good governance* • *Tools for secure patient communications* • *Care Coordinators in primary care practices* • *Bring appropriate partners to the table to address social determinants of health* • *Public health involved* • *Patient and family involved*

Morning Plenary: Patient Engagement and Co-Design

Giving the audience a deeper understanding of patient engagement was Vincent Dumez, Co-Director, Office of Collaboration and Patient Partnership, Faculty of Medicine, University of Montreal. He explained that engaging patients as partners in their own health care management and in system planning "is at the heart of tackling health care issues." His presentation provided the audience with a better understanding of patient engagement and stimulated discussions on the topic.

A local example from the Champlain Practice Excellence Program demonstrated how patient-provider partnership and co-design can be effectively incorporated within primary care practices.

Afternoon Session Summary: Focus on Mental Health and Addictions

The afternoon session began with an overview of initiatives currently underway within the Champlain region to improve access to mental health and addictions services. A mental health and addictions access/care map[4] was presented as a key resource to assist primary care providers when presented with the following:

- *Emerging mental health problem*
- *Addictions problem*
- *Adults with confirmed severe mental illness*
- *Child and Youth mental health*
- *Suspected Depression*
- *Psychiatric Consult considered*
- *Single Psychiatric Consult required*
- *Mental health crisis emerging.*

In a "fireside" chat format, moderated by Kevin Barclay, Senior Integration Specialist Champlain LHIN, four panelists gave their perspectives on improving integration of services for people requiring mental health and/or addictions care. The panelists were:

- *Dr. Kathleen Pajer, Psychiatrist, Children's Hospital of Eastern Ontario*
- *Dr. Raj Bahtla, Psychiatrist, The Royal Ottawa*
- *Dr. Marilyn Crabtree, Family Physician, Upper Canada Primary Care Network Lead*
- *Claude Lurette, Health System Advisor.*

The second interactive small group session of the day focused on four case scenarios of people experiencing mental health and addictions issues. The scenarios represented real people (who were non-identifiable) whose care is managed in primary care settings.

Patient representatives offered a 'patient perspective' on identifying patient goals of care and discussions focused on:

- *Identifying patient problems*
- *Asking the patient representative to share his/her goals*
- *Outlining actions considering*
  - What services would be needed to support the patient's goals
  - How the services would be accessed

[4] Please see Appendix D for the Primary Care Resource Map for Mental Health and Addictions Care Services

- How working in sub-regions could enable better access to mental health and addictions services.

During the report-back from the groups, exhibitors explained the services they could provide to support the patient's goals and how to access them.

Participant Evaluation Summary

Through an on-line survey, participants provided feedback on the event. Specific questions were on

- *Learning objectives*
- *Program content*
- *Learning for practice-change, and*
- *Input for future planning.*

The overall impression of the event was very positive. Ninety percent (90%) of survey respondents (n= 40) were satisfied or extremely satisfied with the event.

> *"Best primary care congress I attended so far. I found the material pertinent and focused on primary care."*

> *"The positive energy in the room during this time of change in our health care system and having the chance to discuss the changes."*

There was a high degree of satisfaction with the Congress, format, registration process, venue, food, and communications.

The following highlights survey results and "pearls" of learning from each component of the program.

Patient Perspective

Feedback on the patient perspectives was very positive. Of the 49 participants who responded to this survey question, 87% indicated that they agreed or strongly agreed that the learning objectives were met. Key learnings for practice change were:

- *Listen to the client and know that they are their own expert*
- *Seek out more peer-based/client-consumer resources*
- *Advocate for prevention programs e.g. early childhood and parenting*
- *Use co-design when planning and designing health care solutions.*

Ministry Direction

Forty-two survey respondents indicated a high level of agreement (81% agreed or strongly agreed) that learning objectives were met. Key messages from this program component included:

- *Change is happening, and provincial directions are clearer*
- *In the key direction going forward, there is a shift in focus: from acute-care to primary and community care*
- *Affirmation of the important role of primary care in the Patients First legislation.*

Learnings that confirmed current practices or motivated practice change were highlighted as follows:

- *Need to learn more about the sub-regions, and available resources*
- *Continue to work for system change*
- *Continue to focus on mental health.*

Champlain Sub-regions: Why? What? Where? How?

Thirty-four participants responded to survey questions on this topic, and 79% agreed or strongly agreed that the learning objectives were met. The "pearls" learned from the session were:

- *A plan for sub-regions is emerging*
- *The value of having closer collaboration between public health and primary care*
- *The former Champlain CCAC will be transforming, and there will be a relationship between primary care and community care.*

Key learnings for confirming or motivating practice change were:

- *The importance of focusing on health promotion*
- *Sharing these resources with colleagues*
- *Collaboration*
- *Listening to patients.*

Patients as Partners

There was a high level of agreement that the learning objectives from this session were met (86% agreed or strongly agreed from 37 respondents).

> *"Excellent presentations. It was great to have a local example of patient co-design, and the passion of the speaker from Montreal was very motivating"*

The "pearls" learned from the session included:

- *A better understanding of involving the patient and that co-operation is beneficial for the patient*
- *Innovative examples of engaging clients*
- *Explained the concept and rationale for patient engagement and reinforced the complexity of patient engagement / participation*

Key highlights for practice change identified by the respondents included:

- *Confirmed that co-design is the way to go when planning and designing health care programs and services*
- *Will continue to encourage patient involvement in all aspects of programs*
- *More / All doctors need to buy into this practice.*

Mental Health & Addictions – Conversation and Case Scenarios

Thirty-eight participants responded to the survey giving this session an excellent rating with 86% agreed, or strongly agreed that the learning objectives were met. The "fireside chat" format was very well-received. A common observation made by respondents was that there are many mental health and addictions resources available in the community, and that the care map of resources is very useful. Participants felt they were more informed about available services. Comments confirming current practice, or motivating potential practice changes included:

- *Community involvement*
- *Mental Health and Addictions service map helpful resource*
- *Confirmed use of grants for psychiatry sessions in FHTs*
- *More informed about options for care*
- *To use eConsult more often.*

Suggestions for Future Event Planning

Feedback from participants is very important to planning of future engagement events.

- *97% of respondents (36) indicated that they would attend a future Congress*
- *The most frequently cited aspects of the conference that survey respondents liked best were:*
  - Networking
  - Hearing patient perspectives
  - Variety of speakers and formats
  - Discussions on mental health and addictions.
- *Suggested improvements to the Congress included:*
  - Allowing more time on the agenda for the topics and for discussions
  - More readable slide presentations
  - Shorten small group discussions and report backs
  - Share resource information by sub-region rather than across the LHIN
  - Consider more time allocated to meet with exhibitors (community agencies)
  - Use more family physicians as subject matter experts.
- *The most common ways in which participants learned about the event was through attendance at a previous conference and by word of mouth.*
- *Topics of interest for future congress programs included:*
  - Primary care integration, inter-disciplinary care and transitions of care
  - Sub-region development, implementation and impact
  - Home care and care coordination, Long term care and Alternate Level of Care plans
  - Chronic pain and opioid crisis
  - Health Links
  - Integrated service models such as dementia care
  - Specific mental health and addictions topics – e.g. pregnant and parenting families, adolescents
  - Skills-development session.

"Great event. I learned a lot, and I'm glad that I went. Thank you."

"Thank you very much to the organizers. This meeting was far more educational and helpful in a practical way than past congresses. Keep up the good work!'

Appendix A - Champlain LHIN Primary Care Advisory Council Members

Amira Abdalla	President, Ottawa-Carleton Pharmacists Association
Dr. John Brewer	Family Physician, Ontario College of Family Physicians representative
Dr. Lee Donohue	Family Physician, Cancer Care Primary Care Lead
Dr. Kathy Gillis	Psychiatrist, The Ottawa Hospital
Dr. Paul Hendry	Cardiac Surgeon and Director of the Mechanical Circulatory Devices Program; Assistant Dean Continuing Medical Education, Faculty of Medicine, University of Ottawa
Dr. Jacques Lemelin	Primary Care Physician Lead, Chair, Primary Care Advisory Committee, Champlain LHIN
Dr. Clare Liddy	Family Physician, Assistant Professor, Department of Family Medicine, University of Ottawa
Ann Miller	Nurse Practitioner, Champlain LHIN Diabetes and Vascular Health Lead
Dr. Frank Molnar	Medical Director, Regional Geriatric Program of Eastern Ontario
Dr. Laura Muldoon	Family Physician, Somerset West Community Health Centre
Dr. Andrew Pipe	Chief, Division of Prevention and Rehabilitation, University of Ottawa Heart Institute, Chair, Champlain Cardiovascular Disease Prevention Network
Dr. Jill Rice	Palliative Medicine, Bruyère Continuing Care and The Ottawa Hospital
Dr. Robin Taylor	Associate Medical Officer of Health, Ottawa Public Health
Dr. Shaun Visser	Champlain Emergency Department Physician Lead
Dr. Paul Lyons	Family Physician, Champlain Primary Care Network Lead (Prescott-Russell Health Link)
Dr. Garrett Foley	Family Physician, Champlain Primary Care Network Lead (Stormont, Glengarry, Cornwall & Akwesasne Health Link)
Dr. Marilyn Crabtree Dr. Jennifer Ingram-Crooks	Family Physicians, Champlain Primary Care Network Co-Leads (Upper Canada Health Link)
Dr. Therese Hodgson Dr. Lee Donohue	Family Physicians Champlain Primary Care Network Co-Leads (Ottawa East Health Link)
Dr. Kamila Premji Dr. Ben Robert	Family Physicians, Champlain Primary Care Network Co-Leads (Central Ottawa Health Link)
Dr. Aly Abddula Dr. Caitlyn Schwartz	Family Physicians, Champlain Primary Care Network Co-Leads (South Ottawa and North Grenville Health Link)

Dr. Barry Bruce	Family Physician, Champlain Primary Care Network Lead (Arnprior Region and Ottawa West Health Link)
Dr. Max Buxton	Family Physician, Champlain Primary Care Network Lead (South Renfrew Health Link)
Dr. Peter Galley	Family Physician, Champlain Primary Care Network Lead (North Renfrew County Health Link)
Catherine Butler	Vice President, Client Services, Former Champlain CCAC
Cal Martell	Senior Director, Health System Integration, Champlain LHIN
Karen Patzer	Senior Integration Specialist, Champlain LHIN
Marc Tanguay	Regional Manager, Member Outreach Services, Ontario Medical Association

Appendix B - Congress Program

PROGRAM		
8:00AM - 8:20AM	REGISTRATION & NETWORKING BREAKFAST	
8:20AM - 8:30AM	Welcome	***Dr. Jacques Lemelin*** Champlain LHIN Primary Care Physician Lead
8:30AM - 8:40AM	**Opening Remarks & Message from the Champlain LHIN** • Describe the role of the LHIN and its vision toward improving population health in Champlain	***Dr. Nick Busing*** Board Member, Champlain LHIN Board of Directors
8:40AM - 9:00AM	**A Patient's Journey** • Describe the benefits and challenges of integrated care for patients with mental health and addictions challenges	***Mr. Claude Lurette*** Health System Advisor
9:00AM - 9:30AM	**Plenary Presentation:** **Provincial Vision for Improving Population Health** • Identify mechanisms the MOHLTC will put in place to assist and support primary care sub-regional integration – at the practice and patient care level • Describe how mental health and addictions services fit into sub-regional integration	***Dr. Robert Bell*** Deputy Minister of Health and Long Term Care
9:30AM - 10:20AM	**Champlain Sub-regions: Why? What? Where? How? (Panel)** • Describe local context of sub-regions in Champlain • Describe the roles and inter-relationships of primary care, home and community care and public health in implementing sub-regional health care integration	***Mr. Cal Martell*** Senior Director, Health System Integration, Champlain LHIN ***Dr. Jacques Lemelin*** Champlain LHIN Primary Care Physician Lead ***Dr. Paul Roumeliotis*** Medical Officer of Health, Eastern Ontario Public Health Unit
10:20AM - 11:05AM	**Small Group Discussion & Feedback:** **Primary Care in Sub-regions** • Describe the role of primary care in an integrated health care system within a sub-region to address identified key health issues • Identify three actions of primary care to support the integrated care within sub-regions • List three supports to enable primary care provider sub-regional integration	**Moderator:** ***Mr. Robert Parson*** Director, Education and Accreditation, University of Ottawa, Faculty of Medicine, Office of CPD
11:05AM - 11:15AM	NUTRITIONAL BREAK & VISIT THE EXHIBITORS	
11:15AM - 12:15PM	**Patients as Partners in Primary Care:** **From Consultation to Co-design (Panel)** • Explain patients and provider role in co-design • List benefits and challenges of co-design in integration • Identify elements of patient engagement to introduce within your practice	***Mr. Vincent Dumez*** Co-director, Office of Collaboration and Patient Partnership, Faculty of Medicine, University of Montreal ***Ms. Elizabeth Jackson*** Quality Practice Facilitator, Champlain Practice Excellence Program ***Dr. Linde Corrigan*** Family Physician ***Mr. Mike Markham*** Patient perspective

PROGRAM

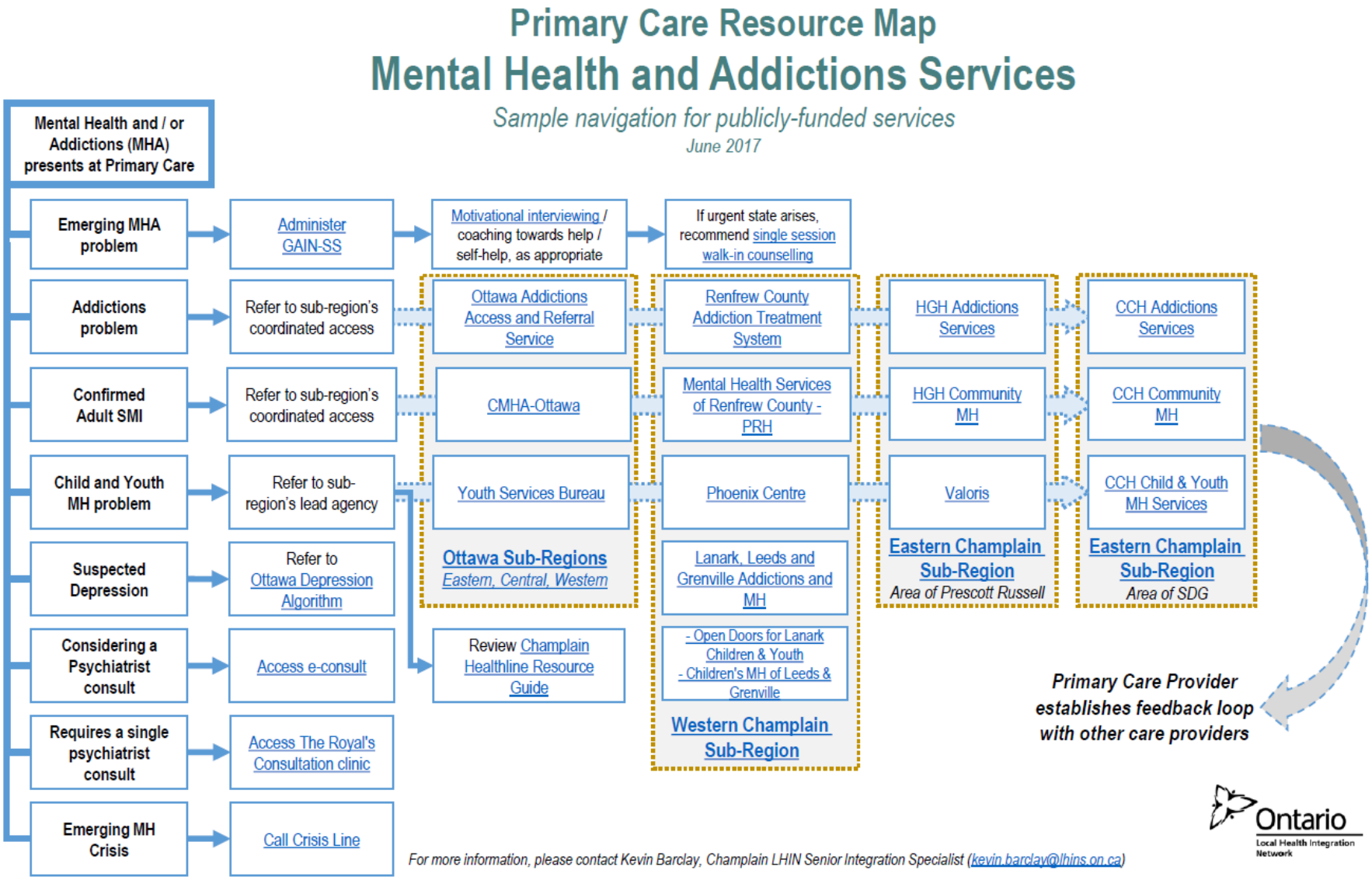
12:15PM - 1:00PM	LUNCH & VISIT THE EXHIBITS	
1:00PM - 2:00PM	**A Conversation About Access to Mental Health & Addictions Services (Panel)** • List the initiatives that are underway to improve access to MH&A services • Describe the rapid access points for mental health services in Champlain	**Moderator:** ***Mr. Kevin Barclay*** Senior Integration Specialist, Champlain LHIN **Panelists:** ***Dr. Kathleen Pajer*** Psychiatrist, CHEO ***Dr. Marilyn Crabtree*** Family Physician & Upper Canada Primary Care Network Co-Lead ***Dr. Raj Bhatla*** Psychiatrist, The Royal Ottawa ***Mr. Claude Lurette*** Health System Advisor
2:00PM - 3:00PM	**Small Group Discussion: Case Studies** • List the various MH services available for the clinical cases presented • Describe how to access these services • List three ways in which MH&A services can be better integrated with primary care in your sub-region	**Moderator:** ***Mr. Robert Parson*** Director, Education and Accreditation, University of Ottawa, Faculty of Medicine, Office of CPD
3:00PM - 3:20PM	**Message from the LHIN: Moving Forward Together**	***Ms. Chantale LeClerc*** Chief Executive Officer, Champlain LHIN
3:20PM - 3:30PM	**Closing Remarks & Evaluations**	***Dr. Jacques Lemelin*** Champlain LHIN Primary Care Physician Lead

Appendix C – Exhibitors

Exhibitor – Programs	Website
Canadian Mental Health Association - Ottawa	www.ottawa.cmha.ca
Former Champlain CCAC Mental Health School Program	healthcareathome.ca
Champlain Pathways to Better Care	www.champlainpathways.ca
Champlain Quality Practice Facilitator Project	www.pqchc.com/qualitypracticefacilitation/
Children's Mental Health of Leeds & Grenville	www.cmhlg.ca
Cornwall Hospital, Community Addiction and Mental Health Services / Child and Youth Mental Health	www.cornwallhospital.ca/en/ServicesdeSant%C3%A9Mentale
Eastern Ontario Health Unit	www.eohu.ca
Enabling Technologies, Champlain LHIN	http://www.champlainlhin.on.ca/GoalsandAchievements/PopularTopics/EnablingTechnologies.aspx?sc_Lang=en
Geriatric Psychiatry Community Services of Ottawa (Gprimary careSO)	www.gprimary careso.org/home.asp
Health Links	www.champlainlhin.on.ca/Accountability/Integration/Health%20Links.aspx?sc_Lang=en
Lanark County Mental Health	www.lanarkmentalhealth.com/
Lanark Leeds and Grenville Addictions and Mental Health	llgamh.ca/
Mental Health and Addictions Regional Centre - Hawkesbury & District General Hospital	www.hgh.ca/programs-services/mental-health-addiction/
Montfort Renaissance Inc., Ottawa Addictions Access and Referral Service (OAARS)	www.saato.ca/en/
Open Doors for Lanark Children and Youth	www.opendoors.on.ca/
Pembroke Regional Hospital, Mental Health Services of Renfrew County	www.pemreghos.org/mentalhealthservices
Phoenix Centre	www.phoenixpembroke.com/
Project ECHO Ontario (CHEO)	www.cheo.on.ca/en/project-ECHO-ontario-CYMH
Renfrew County Addiction Treatment Services	www.renfrewcountyaddictiontreatment.ca/
Royal Ottawa Health Care Group	www.theroyal.ca/
Valoris for Children and Adults of Prescott-Russell	www.valorispr.ca/en/
Youth Net (CHEO)	www.cheo.on.ca/en/youth-helping-youth
Youth Services Bureau	www.ysb.ca/

Exhibitor – Supporting Organizations	Website
Champlain LHIN	www.champlainlhin.on.ca/
Health Force Ontario	www.healthforceontario.ca/
Health Quality Ontario	www.hqontario.ca/
Ontario College of Family Physicians	ocfp.on.ca/

Appendix D – Primary Care Resource Map for Mental Health and Addictions Services



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